



## Fruit Harvesting Calendar

Make a fruit calendar to show the season when fruit is grown and harvested in the UK.

### Teaching time

30 Minutes

### Learning outcomes

- Learn when British fruit is in season and discuss the benefits of eating seasonally.
- Learn about methods of food preservation.

### Step by step

Ask learners to think about fruit that grows in this country. Make a list of their answers.

Go through the list of UK grown fruit one at a time. Discuss with the group when they think the fruit is ready to eat, or 'in season'.

Use fruit catalogues, the Royal Horticultural Society website and gardening books to find out when the fruit is in season.

Divide a paper plate (or draw a circle on an A4 piece of paper) into four quarters. Label each section a different season – spring, summer, autumn and winter.

Cut out photos of the fruit and place in the right season section on the calendar.

The seasons could also be divided into months and then place the fruit in the right months. Check the calendar is correct before sticking the photos in place.

### Green Skills



### Suitable for

Early Years  
Key Stage 1  
Key Stage 2

### Location

Indoors

### Season

Spring  
Summer  
Autumn  
Winter

### What you'll need

Fruit catalogues or magazines with pictures of fruit  
Paper plates or paper  
Pencils and pens  
Glue and scissors  
Examples of preserved fruit such as jam, chutney, dried and tinned fruits

### Key vocabulary

Harvest  
Seasonal

### Support and extension opportunities

Using the examples provided, learners can discuss ways fruit is preserved to eat all year.

Older learners could think about the costs of importing fruit or growing it under forced conditions in the UK.



National Education  
Nature Park and  
Climate Action Awards



For more quality-assured learning resources visit  
[www.educationnaturepark.org.uk](http://www.educationnaturepark.org.uk)

Led by



Natural  
History  
Museum

With



RHS

THE  
ROYAL  
SOCIETY

Commissioned by



Department  
for Education

Partners



Learning  
through  
Landscapes



Manchester  
Metropolitan  
University



NBN Trust  
Making data work for nature



Royal  
Geographical  
Society  
with IBG  
Advancing geography  
and geographical learning



UK Centre for  
Ecology & Hydrology

Working with



esri UK  
THE SCIENCE OF WHERE